

Fall 2011

# ICCA Newsletter

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## REGION REPRESENTATIVES

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**Watch the ICCA  
website  
For updates on rule  
meetings  
And current info:  
[www.cheericca.org](http://www.cheericca.org)**

**ICCA** is an organization for cheerleading coaches in Illinois. It offers coaches' education, free clinics, opportunities for senior cheerleaders, coach's recognition, coaches' conference and competition opportunities for teams from Junior High through High School. Membership is open to schools as well as individuals.

## Here's what New 2011-2012 is

### ICCA

Varsity divisions will use the IHSA Score Sheet and Rubric

Varsity teams will need a score of (75%) to qualify for The Championships

Jr. Varsity & Jr. High teams will still use the ICCA Score Sheet & Guidelines

COED division matches IHSA Coed division

COED Stunt Group division will be for 3 participants.

ICCA CHALLENGE, January 8, 2012, will include ALL team divisions.

- Varsities - practice on the STATE floor

-Jr. Highs – try out your routine before IESA

### IHSA

Competitive Cheer Season is Nov. 2nd through March 31st

COED division = Two males

NEW IHSA score sheet for 2011-2012 season

-5 skill categories (50% of score sheet)

Changed Categories for stunting to:

- Basket Tosses & Pyramids category

-Partner Stunts as own category

### NFHS

Sideline points of emphasis focus on basket tosses and football sideline – Please note that all spirit participants must remain behind the 2 ft. dashed restraining line while the ball is in play.

Also, new this year is the NFHS Spirit Rules change that prohibits basket tosses from being performed on any surface other than mats or grass (real or artificial). Basket tosses should not be performed on the track.

## Coach of the Year Nominations

Coach of the Year Nominations due Dec. 15th

Send Nominations to:

Pam Saxhaug at psaxhaug@earthlink.net

Name of Nominee  
Name of School Where Nominee Coaches  
School Phone Number  
Personal Phone (if Known)  
Level Coached  
Years Coached  
Accomplishments  
Nominator Name  
Nominator E mail

## Scholar Athletes

Each year ICCA gives around \$15,000 in scholarship monies to senior cheerleaders who cheer for an ICCA member school or are individual ICCA members.

They are required to prepare a video on CD/DVD and include cheer, dance, jumps, tumbling and stunts.

A transcript from the school's registrar's office is required to accompany the video.

Scores are given for academic achievement, cheerleading skills and coach's recommendations.

For further information on applying for a scholarship and entry forms go to the ICCA website: [www.cheericca.org](http://www.cheericca.org).

Deadline for applications is January 9, 2012

## All State Cheerleading Applications

The ICCA All-State Cheerleading Squad performs at the IBCA All-Star Game in June.

The Cheerleading Squad is comprised of senior cheerleaders selected from

A written essay and video of cheerleading skills.

Cheerleaders write a simple paragraph about why they would like to be a member of

The All-State team, plans they may have to cheer in college or what they have

Contributed to their team.

Video should emphasize skills and shown performed on a gym floor.

For further information on applying for the All-State Cheerleading Squad and

Entry form, go to the ICCA website: [www.cheericca.org](http://www.cheericca.org).

Deadline for application is January 7, 2012.

If applying for All-State and Scholarship, the same video can be used for both.

**For Questions:** Kelly Aylesworth at kelcheerz@yahoo.com

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*The Scholar Athlete program was very successful last year and we expect an even bigger turnout this year.  
Be sure to get your nominations in early!*



## IHSA Score Sheet Information

A revised IHSA Score sheet and Rubric will be used this season. Choreography was removed as a stand-alone category. This will now be scored throughout the score sheet based on how elements are incorporated in each skill category and Partner Stunts and Pyramids & Tosses were split into two separate categories.

VOICE/PROJECTION 10  
MOTIONS/DANCE 10  
JUMPS 10  
TUMBLING 10  
PARTNER STUNTS 10  
PYRAMIDS/BASKET TOSSES 10  
FORMATION/TRANSITIONS 10  
SYNCHRONIZATION 10  
DEGREE OF DIFFICULTY 10  
OVERALL EFFECTIVENESS 10

## IHSA Update by Susie Knoblauch IHSA Assistant Executive Director

This June the IHSA Board of Directors unanimously voted to extend automatic waivers of the multiplier programs and made subsequent changes to classify schools on a sport by sport basis. How does this impact Competitive Cheer? The following enrollment adjustments were made: Large Team with a school enrollment of 1717 and over (Up to 24 rostered participants with 20 allowed on the competition floor), Medium Team with a school enrollment between 657-1716 (Up to 20 rostered participants with 16 allowed on the competition floor) and Small Team with a school enrollment up to 656 (up to 16 rostered participants with 12 allowed on the competition floor). Coed (two males on the competition floor) shall be an open division (Up to 24 rostered participants with 20 allowed on the competition floor).

Additional changes came from approved recommendations of the IHSA Competitive Cheer Advisory Committee. These changes include the following: All briefs should be a solid color and devoid of any markings including but not limited to sequins, prints, wording, symbols, etc. The rationale for this change is that high school cheer uniforms need to be appropriate and not a distraction. Uniforms must be school approved and should reflect the educational mission of our member schools. In summary, uniforms should reflect the sport of cheer.

Finally, I would like to applaud ICCA for their leadership and willingness to volunteer their time and expertise to the Association. It is an honor and a privilege to work with so many great folks and to serve as the administrator for cheer here at the Illinois High School Association.

Enjoy a terrific 2011-12 school year!

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Visit [www.ihsa.org](http://www.ihsa.org) for updates, advisory committee minutes, and rule interpretations.

[www.cheericca.org](http://www.cheericca.org)

#### ICCA Membership Fees

Membership booklets and forms have been mailed out by the region representatives.

If you did not receive one go online to get information on membership.

Membership is due by November 15th at regular cost; December 15th for a higher fee.

**Questions please contact:**  
wilsonk@unit5.org

#### ICCA Coaches' Conference

March 16<sup>th</sup> and 17<sup>th</sup>  
Marriot Hotel  
210 Broadway Ave.  
Normal, IL

Fri. Certifications  
Sat. Conference  
Conference Fee \$75  
Marriot Hotel Rate \$109

Look to the ICCA website for further information.

## ICCA Invitationals

Dec. 3 Farmington H.S.-Region 3  
Dec. 4 Oswego East H.S.-Region 1  
Dec. 10 Pinckneyville H.S.-Region 5  
Dec. 11 Bolingbrook H.S.-Region 1  
Dec. 17 Pontiac H.S.-Region 3  
Dec. 18 Civic Memorial H.S.-Region 5  
Dec. 18 Alan B. Shepard H.S.-Region 1  
Jan. 7, 2012 Benton H.S.-Region 5

January 8 ICCA CHALLENGE  
US Cellular Coliseum - Bloomington  
Varsity, JV, & Jr. High Divisions

Jan. 14 Andrew H.S.-Region 1  
Jan. 15 Rockford East H.S.-Region 2  
Highland-Region 5  
Jan. 21 Mt.Vernon H.S.-Region 5  
Riverton H.S.-Region 4  
Jan. 22 Romeoville H.S.-Region 1  
Ridgeview –Region 3

Feb. 11-12 CHAMPIONSHIPS- SPRINGFIELD

Please check [www.cheericca.org](http://www.cheericca.org) for contact information and updates  
On scheduled invitationals.  
(Also listed as IHSA "Open Dates")

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