2016-2017

The Illinois Cheerleading Coaches Association is a non-profit organization committed to the continuous development of Illinois' cheerleading coaches, and therefore each and every cheerleader.

ICCA CHAMPIONSHIPS
JANUARY 7 - 8, 2017

Membership in the ICCA brings experience in:
COACHING EDUCATION & MENTORING
SAFETY
SCHOLARSHIP OPPORTUNITIES
RECOGNITION OF ATHLETIC & SCHOLASTIC ACHIEVEMENTS
COMPETITION
(IHSA & NFHS rules followed)

ILLINOIS CHEERLEADING COACHES ASSOCIATION

WWW.CHEERICCA.ORG

2016-2017 COMPETITION RULES

Attention All Cheerleading Coaches

In order to compete in any ICCA competition, please review the following information: By-laws of the Illinois High School Association (IHSA) states that a member of the school spirit coaching staff is required to attend a rules interpretation each year.

High School Coaches: Rules interpretation presentation must be reviewed between August and November for credit. Log in to the school center on the IHSA website (www.ihsa.org) to obtain credit for rules interpretation presentation. *Obtain your school ID and login from your Athletic Director.* You may attend one of the on-site meetings listed on the IHSA website.

Junior High School Coaches: May attend an IHSA officials' training which includes rule interpretations. (Dates are posted on both cheericca.org and ihsa.org) A revised copy of the IHSA rules presentation will be put on the website and if reviewed in this manner, please print the last page of the presentation and date it for proof of meeting.

IHSA By-law Sets a sport season and contest limitation for competitive cheerleading teams: "No school belonging to IHSA shall allow its competitive cheerleading team to participate in interscholastic contest earlier than **Monday of week 17 or later than Saturday of week 31."** (October 24, 2016 —February 4 , 2017)

The contest limit is presently six (6) meets. No competitive IHSA/ICCA cheerleading team may participate in more than six meets. For high schools this does not include the IHSA state series. For junior highs, the six meets limit is exclusive of the ICCA championships.

I. ELIGIBILITY

Any school cheerleading team which abides by the ICCA and IHSA eligibility rules and National Federation of High Schools (NFHS) Spirit Rules is eligible to compete.

A. All cheerleaders in the competition must be members of a team that cheers together for a specific WINTER sport such as a wrestling or basketball team.

B. Alternates may be used in case of emergency, but all teams must follow eligibility rules:

1. Alternates may be used as replacements, not additions, to the team. Example: 12 member team cannot become a 13 member team by adding an alternate.
2. Alternates must appear on the official team roster and meet all eligibility requirements.
3. The number of alternates allowed on all teams follows IHSA alternate rules.

C. A school may not drop or move members to make the team qualify for a different division.

1. Example : A school with a 7th grade team and an 8th grade team cannot combine to compete. They must compete as separate teams (see "B" above)
2. Example : A team with 17 members who cheer at school events may not drop members of the team in order to qualify for a smaller division.

D. A cheerleader may not move down a level to compete. Example : A varsity cheerleader may not compete on the JV team.

E. A cheerleader who competes on a team in one ICCA division is not eligible to compete on a team in a different ICCA division.

F. Any team found guilty of illegal placement of members will be disqualified.
G. Any team qualifying for the ICCA Championship must be an active member of ICCA.
H. Teams may only represent the school in which all team members are enrolled and attend as full-time students. Exception: A home schooled student may be rostered and participate on the team he or she would attend if not home schooled.
F. At the Championships, only 4 coaches or representatives (listed on current ICCA membership) per team will be allowed in the competition area for performances and awards.

II. DIVISIONS

There are several divisions of competition. These divisions are for school teams that actively cheer for their school athletic events. ICCA divisions are not intended for all-stars or competition teams that do not cheer at their school athletic events as a team. Such all-star or competition teams are not eligible for ICCA competitions.

A. Varsity Divisions (grades 9—12)
For ICCA competitions, team placement is determined by the IHSA school enrollment guidelines. Schools have the option to move to a higher division, but not lower.

Team Divisions will be announced shortly after the September 30, 2016, student enrollment deadline . Please check the IHSA website or check with your Athletic Director for official placement.

1. SMALL Varsity **Maximum of 12** members on the floor
An unstructured routine which may utilize music and cheer will be performed. The total routine must not exceed 3 minutes in length; total use of music may not exceed 1 minute 30 seconds.

2. MEDIUM Varsity **Maximum of 16** members on the floor
An unstructured routine which may utilize music and cheer will be performed. The total routine must not exceed 3 minutes in length; total use of music may note exceed 1 minute 30 seconds.

3. LARGE Varsity **Maximum of 20** members on the floor
An unstructured routine which may utilize music and cheer will be performed. The total routine must not exceed 3 minutes in length; total use of music may not exceed 1 minute 30 seconds.

4. COED Varsity **Maximum of 20** members on the floor
Requirements for this division match IHSA requirements for males, presently **TWO**. An unstructured routine which may utilize music and cheer will be performed. The total routine must not exceed 3 minutes in length; total use of music may not exceed 1 minute 30 seconds.

On Behalf of the
Illinois Cheerleading Coaches Association
Have A Safe Competitive Season.

B. Junior Varsity Division (JV/Soph/Fresh

****NEW MEDIUM JUNIOR VARSITY DIVISION ADDED****

Teams cheering for different levels may not combine to compete as one team.
Example: Separate cheer teams cheering for Freshman and Sophomore basketball teams respectively may not combine to form one JV team. Teams must cheer for the Jr. Varsity, Sophomore or Freshman level teams only. Division size is determined by size of team.

An unstructured routine which may utilize music and cheer will be performed. The total routine must not exceed 3 minutes in length; total use of music may not exceed 1 minute 30 seconds.

1. SMALL JV **Maximum of 14** members on the floor
2. MEDIUM JV **Maximum of 16** members on the floor
3. LARGE JV **Maximum of 20** members on the floor
4. FRESHMAN **Maximum of 20** members on the floor

C. Junior High Division (grades 5-8)

An unstructured routine which may utilize music and cheer will be performed. The total routine must not exceed 3 minutes in length; total use of music may not exceed 1 minute 30 seconds. **NO BASKET TOSSES** are allowed.

1. SMALL **Maximum of 12** members on the floor
2. MEDIUM **Maximum of 16** members on the floor
3. LARGE **Maximum of 20** members on the floor

D. Non-Stunting Division

(grades 5-8) and (grades 9-12)

An unstructured routine which may utilize music and cheer will be performed. The total routine must not exceed 3 minutes in length; total use of music may not exceed 1 minute 30 seconds.

(Non—stunting division team will NOT proceed to Championships.)

1. HIGH SCHOOL — **Maximum of 20** members on the floor
2. JUNIOR HIGH — **Maximum of 20** members on the floor

E. Stunt Group Division (grades 9-12)

A one minute routine will be performed with music appropriate for game situation. Routine can not include any independent tumbling or Jumping.

Please Note: There will be NO Stunt Group Division at any ICCA Competition after Championships.

1. ALL GIRL — **Maximum of 4** members on the floor (girls only)
2. COED — **Maximum of 3** members on the floor (minimum one boy)

Schools are limited to **TWO** stunt groups and individuals may only compete in one group.

ATTENTION: If your stunt group competes on the day that your team is not competing, it will count towards your contest limit .

III. RULES

Refer to Official High School 2016-2017 SPIRIT RULES BOOK Published by NFHS. Copies available at www.nfhs.org

National Federation of State High Schools Assoc.
P.O. Box 690
Indianapolis, IN 46206
Phone: (317) 972-6900
FAX: (317) 822-5700

IV. COMPETITION

A. General Rules

1. Cheers, motions and music must be appropriate for a game situation. Refer to NFHS Spirit Rules and "Participants' Responsibilities". (www.nfhs.org)

2. The maximum length for the Varsity, JV and Jr. High competition routine is 3 minutes with 1 Minute 30 seconds maximum for music.

3. TIMING STARTS whether on or off the mat, with
   a. the first organized motion,
   b. first word,
   c. first beat of music.

4. TIMING ENDS with the last motion, word, beat of music or signal per IHSA conditions.

5. Cheerleaders may incorporate appropriate poms, signs and school flags/banners in their routines if used in a safe manner to lead the crowd during performance.

6. Music can be on a CD or digital format with a back-up.

7. Glitter that does not readily adhere on the hair, face, body, and/or uniform is illegal. Glitter may be used on signs, props, flags only if laminated or sealed.

8. NO costumes are allowed.

9. Cheerleaders must wear uniforms appropriate for a game situation.

10. Deductions will be made on the technical sheet for appearance infractions such as uniform, nails, hair, etc.

11. Coaches and alternates should refrain from yelling the complete cheer. For judges to effectively score the voice category, they must be able to hear the team. (Call backs are OK)

12. All competing team members must participate in the entire performance, except in case of any injury during the performance. Cheerleaders who are not physically capable of performing the whole routine will not be allowed to compete.

13. A cheerleader dressed as a mascot is permissible and will be judged as part of the performance. The mascot will be counted as a team member and must follow all NFHS rules.

B. General Information

1. ICCA FEELS SPORTSMANSHIP IS VITAL TO THE SPORT. See NFHS rules. Unsportsmanlike behavior has no place in the realm of spirit teams. It is imperative that good sportsmanship prevail. The ICCA Board of Directors will take appropriate action if poor sportsmanship is shown.

2. Performances should be one-sided. Officials will sit in the center on one side. Technical official will be stationed on the floor.

3. Any problems or situations that arise concerning cheerleading performances will be discussed by the official at the contest and their decision will be final.

4. APPEALS: Only coaches may appeal.

   Mathematical errors are the only question to be addressed. It must be addressed within 24 hours.

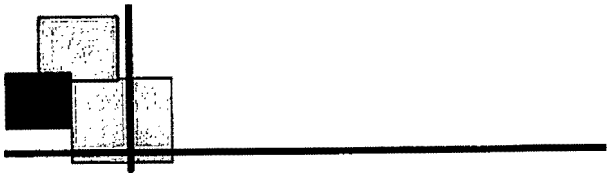
5. BOUNDARIES
   a. At ICCA competitions, the boundaries of the mat will be approximately 42' by 54' "or as stated in the IHSA terms and condition". A cheerleader stepping beyond the white boundary lines except for entering and exiting will be considered out of bounds.

   b. Mats will be placed vertically to the officials panel. An "X" will be placed in the middle for centering.

6. OFFICIALS & SCORING
   a. Qualifying for Championships:
      JV and Varsity Teams will use the IHSA score sheet and rubric. All Junior High teams will use the IESA scoresheet and rubric. An 100 point score sheet will be used for the non-stunting and stunt group divisions.

   b. QUALIFING PERCENTAGES to compete at ICCA Championships listed below.
      Varsity teams must score at least 78%
      Stunt Groups must score at least 80%
      JV teams must score at least 70%
      Jr. High teams must score at least 50%

   c. Tie break: The average of "Overall Effect" for Junior High as well as average Routine Composition for JV and Varsity.



7. SAFETY
   a. ICCA will not be responsible for accidents, injuries or illnesses that occur before, during and after its competitions. Each coach must be responsible for handling all illness and/or injuries for his/her team.

   b. If it is necessary for a coach to leave the competi-tion site, he/she must inform the head official. A designated school representative must be present for a school to compete.

   c. Team coaches or chaperones attending the ICCA Championships must be at least 19 years of age.

   d. No team may start a routine over unless they are asked to do so by the official. Should a technical official stop a routine, the restart will begin at a safe point in the routine as determined by the head official. All scores and deductions received up to that point shall be carried over to the final score sheets. The team will be allotted 30 minutes of practice time to regroup.

8. ENTRY FEES
   Member Schools Invitational Fee - $100.00
   Non-Member Schools Invitational Fee $150.00
   ALL ENTRY FEES ARE NON-REFUNDABLE.

9. VIDEOTAPING AND CAMERAS
   No video cameras, cell phones or any other equip-ment for videotaping may be used in the warm-up and practice areas. Arrangements for videotaping any of the competition will be at the discretion of the host school.

Competitive Cheerleading Scoresheet

ILLINOIS HIGH SCHOOL ASSOCIATION

○ Sectional

○ State

School: _____

Division: _____

Official: _____

COMPETITION CATEGORY			TEAM SCORE	COMMENTS
PROJECTION/SHOWMANSHIP		10	_____	
JUMPS				
	Difficulty	8.5	_____	
	Execution	1.5	_____	
TUMBLING				
	Difficulty	8.5	_____	
	Execution	1.5	_____	
PYRAMIDS/TOSSES				
	Difficulty	8.5	_____	
	Execution	1.5	_____	
PARTNER STUNTS				
	Difficulty	8.5	_____	
	Execution	1.5	_____	
MOTIONS/DANCE		10	_____	
ROUTINE COMPOSITION				
	Creativity	5	_____	
	Transitions/Formations	5	_____	
	Skill Utilization	5	_____	

RAW SCORE _____/75 = _____%

— DEDUCTIONS _____

— LEGALITIES _____ = TOTAL

As of: 06-01-16

Competitive Cheerleading Legalities

*School*_____ *Division* _____ *Official*_____

Please cite the NFHS rule violation and the time/part in routine in which the violation occurred.

MINOR NFHS VIOLATION:

Rule Infraction	Warning	Rule Number	x (1)
_____	❑	_____	_____
_____	❑	_____	_____
_____	❑	_____	_____
_____	❑	_____	_____

Examples: *NFHS Spirit Rules Book 3.1.1 Jewelry; 3.1.2 Nails; 3.1.3 Hair; 3.1.6 Apparel*

MAJOR NFHS VIOLATION:

Rule Infraction	Warning	Page Number	x (5)
_____	❑	_____	_____
_____	❑	_____	_____
_____	❑	_____	_____
_____	❑	_____	_____

Examples*: NFHS Spirit Rules Book 3.7.5 No back spot for a cradle from an extended stunt; 3.3.1 Illegal inversions, etc...*

	TOTAL LEGALITY DEDUCTIONS:

As of: 06-01-16

Competitive Cheerleading Deductions

***School*_____ *Division* _____**

***Official*_____**

Please cite the deduction and the time/part in routine in which the violation occurred.

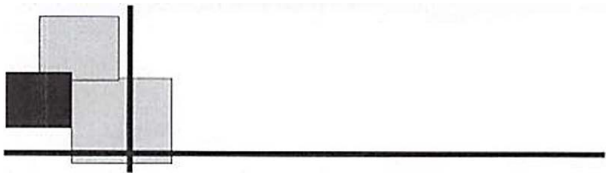
DEDUCTION CATEGORY	*NUMBER OF DEDUCTIONS*	*DEDUCTION TOTAL*
Music Time – 1:30	***Overtime – (1)***	
Total Time – 3 min.	***Overtime – (1)***	
Missed Skill ***Examples:*** *Building skill is not attained* *Pyramid collapse*	_____ ***x* 1** _____ ***x* 2**	
Incomplete Skill **Examples**: *Hands touch down on tumbling* *Tumbling lands on knees or back*	_____ ***x .25*** _____ ***x* .5**	
Boundary Violation **Examples**: *One foot or hand is over the boundary line*	_____ ***x .5***	
IHSA Terms & Conditions Violation	_____ ***x 1***	
	TOTAL POINT DEDUCTIONS:	

As of: 06-07-16

ICCA JR HIGH SCORE SHEET

TEAM NAME:_____ DIVISION: _____ SMALL
_____ MEDIUM
OFFICIAL'S NUMBER: _____ _____ LARGE

VOICE/SHOWMANSHIP		_____ 10
MOTIONS/DANCE	Difficulty	_____ 7
	Execution	_____ 3
TUMBLING	Difficulty	_____ 7
	Execution	_____ 3
JUMPS	Difficulty	_____ 7
	Execution	_____ 3
PARTNER STUNTS	Difficulty	_____ 7
	Execution	_____ 3
PYRAMIDS	Difficulty	_____ 7
	Execution	_____ 3
SYNCHRONIZATION		_____10
FORMATIONS/SPACING		_____10
CREATIVITY		_____10
CROWD APPEAL		_____ 10
TOTAL		_____ **100 POSSIBLE**

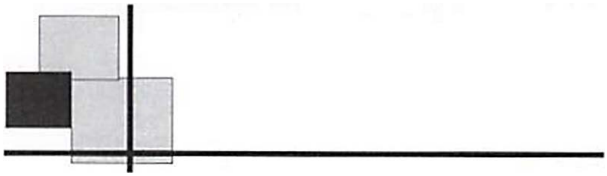


ICCA

Competitive Cheerleading
STUNT GROUP
Scoresheet

SCORE SHEETS ARE SUBJECT TO CHANGE PENDING IHSA/NFHS RULE UPDATES.
PLEASE CONTINUE TO CHECK WWW.CHEERICCA.ORG AND IHSA.ORG FOR UPDATES.

Cheerleading Skills	
Difficulty Number & quality of body positions and skills being performed	10
Perfection of Routine Effortless & clean Motion technique in stunts	10
Routine Construction	
Variety of Stunts	10
Creativity	10
Timing	10
Transitions	10
Overall Effectiveness	
Crowd Appeal	10
Projection/Poise/Appearance	10
RAW SCORE	
- DEDUCTIONS	2016-2017
- LEGALITIES	Score Sheet
TOTAL SCORE _____	



ICCA

Competitive Cheerleading
NON-STUNTING
Scoresheet

SCORE SHEETS ARE SUBJECT TO CHANGE PENDING IHSA/NFHS RULE UPDATES. PLEASE CONTINUE TO CHECK WWW.CHEERICCA.ORG AND IHSA.ORG FOR UPDATES.

Team:
Division: _____
Official: _____

CATEGORY

VOICE/PROJECTION	10
MOTIONS/DANCE	10
JUMPS	10
TUMBLING	10
FORMATION/TRANSITIONS	10
SYNCHRONIZATION	10
DEGREE OF DIFFICULTY	10
OVERALL EFFECTIVENESS	10

RAW SCORE
- DEDUCTIONS
- LEGALITIES

2016-2017
Score Sheet

TOTAL SCORE _____

SCHOLARSHIPS

ICCA is proud to offer this program to outstanding Illinois senior cheerleaders. ICCA provides $13,000-$15,000 in scholarships annually.

The program promotes the attainment of higher educational goals for cheerleaders who have made positive contributions to their school through their academic success and involvement in cheerleading.

Senior cheerleaders who cheer for an ICCA member school and cheer for a winter season sport may apply. The cheerleader must be in compliance with all IHSA/ICCA cheerleading eligibility rules.

Please check the ICCA website for the scholarship application and requirements.

www.cheericca.org

Deadline: December 1, 2016

Any questions contact Cindy Rueter
phone: 618-570-9994
email: drhawks@charter.net

All-State Cheer Team

Senior athletes whose schools are ICCA members and who are actively cheering on the winter cheerleading team are eligible to apply for this awarding experience!

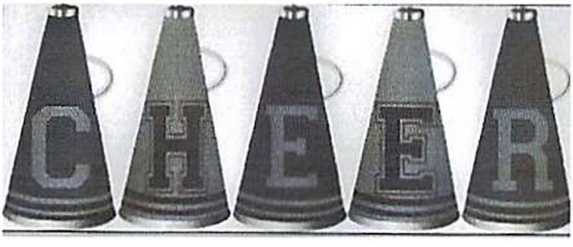
Nominate your best senior cheerleaders for the ICCA ALL-STATE Cheer Team. The combined, amazing talents of this team are showcased at the Illinois Basketball Coaches Association's All-Star Game. This all–expense paid weekend includes a luncheon for the team.

This is an amazing experience with fellow Illinois Cheerleaders that these athletes will never forget!!

Check the ICCA website for more details
www.cheericca.org

For questions, contact KELLY AYLESWORTH
kelcheerz@yahoo.com
(217) 674 – 3476
(217) 737 – 4883

Deadline: Must be POSTMARKED by December 1, 2016



ICCA SCHOLAR ATHLETE

Senior Scholar Athlete Award

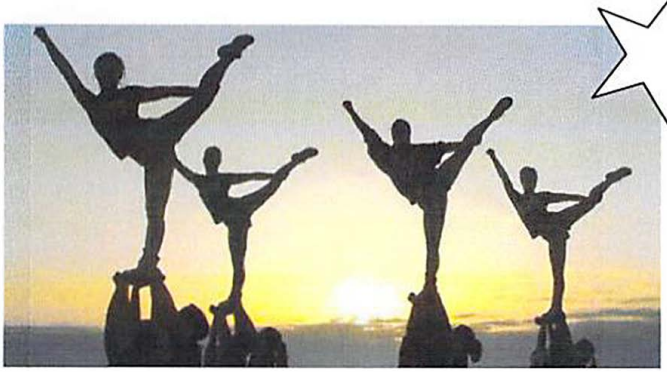
We would like to honor our senior athletes who have excelled academically. Please nominate those athletes on your team who have earned an accumulative GPA of at least 3.5 out of a 4.0 scale or at least a 4.5 out of a 5 scale after 6 high school semesters.

These scholar athletes will be recognized in our Championship program. This award is available to member schools only. Check the website for the form and information needed. (www.cheericca.org)

This program was very successful last year and we expect an even larger turn out this year. Be sure to get your nominations in early!

Deadline: November, 21, 2016

For questions, contact Cindy Rueter
drhawks@charter.net



COACHES EDUCATION

The ICCA strongly believes spirit coaches should educate themselves and continually update to provide the safest environment for their cheerleaders, and to protect themselves and their programs from liability. ICCA will offer both the NFHS Spirit Coaches Education Program and the NCSSE Coaches Education courses. Courses are usually offered at clinics and conferences. You may also find dates listed on our website or by contacting the directors of the Illinois programs:

AACCA Safety Course

Neva Corn
Pinckneyville, IL
(618) 967-3441
nevacorn@gmail.com

Mickey Klement
Joliet, IL
(815) 741-4037
(815) 347-5778
rahcoach@comcast.net

NCSSE Courses

Pam Saxhaug Carmel, IN
(317) 844-9875 (317) 409-9353
pam.dornersaxhaug@gmail.com

Coaches resource for safety rules and education please visit the following sites:

Illinois Cheerleading Coaches Association
www.cheericca.org

NFHS Spirit Rules Book
The following web site has been developed to provide Interpretations on NFHS Spirit Rules.
http://www.cheersafe.org

2016/2017 IHSA
Sectional/State Series
www.ihsa.org

IMPORTANT DATES

Jul. 1	**ICCA Membership Opens**
Sep. 1	**Southern Coaches Round Table 2016 RSVP by August, 26, 2016 to Cheryl Haselhorst (618)691-8409 cah614@hotmail.com**
Sep. 8	**Region 2 Coaches Social RSVP by September 1, 2016 to Contact Valerie Mallon (815)742-8236 Valocitycheer@gmail.com for more info**
Oct. 10	**Fall Coaches Clinic Normal West High School**
Oct.26	**IHSA Competitive Season Begins**
Nov. 17	**ICCA early membership Cost will be $175.00 after this date**
Nov. 21	**Senior Scholar Athlete Award Application Due**
Dec. 1	**Scholarship Applications Due All-State Applications Due**
Dec. 15	**Deadline for Nomination for Coach of the Year**
Jan. 7-8	**ICCA Championships Prairie Capital Convention Center Springfield**
Jan. 28	**IHSA Sectionals**
Feb. 3-4	**IHSA State Finals**
Feb. 4	**IHSA Competitive Season Ends**

Annual Spring ICCA Coaches Conference
To Be Announced

FALL COACHES CONFERENCE

COLUMBUS DAY - Monday

October 10, 2016

Normal West High School, Normal Il

9 am - 2:30pm

Conference Registration : $60.00

After Oct. 1 Conference Regis tr a tion $75. 00

Conference registration fee includes:

Attendance to all educational activities

Vendor exhibits

Lunch

Guest Speakers

IHSA Assistant Executive Director

Susie Knoblauch

Tiffany Michaels, Angie Wilmington, Camille Munson, Mickey Klement, and more

Contact Information

For registration details www.cheericca.org or email pam.dornersaxhaug@gmail.com

2016 ICCA Fall Conference

SNAP SHOT OF WHAT TO EXPECT:
We have some really remarkable speakers coming to our FALL conference this year. Our association's goals are to provide the latest education and safety instruction for coaches while also helping to provide scholarships to our graduating cheerleaders. We need YOU there to help us achieve that!

Oct. 10, 2016 (Columbus Day)

Normal West HS
501 N. Parkside Rd. Normal, IL. 61761

Please remove the bottom portion of flyer and mail Registrations to:
Libby Moore
1512 Mary Elizabeth Drive
Taylorville, Illinois 62568

Registration 8:30-9:00 a.m.
Cost: $60 until 9/30/2016
Cost: $75 after 9/30/2016

QUESTIONS;
Pam Dorner-Saxhaug
Pam.dornersaxhaug@gmail.com

Keynote Speaker Jim Lord
National Federation Rules Committee/President of AACCA
DO THIS, DON'T DO THAT!

Susie Knoblauch
Assistant Executive Director IHSA Cheerleading
IHSA (scoring/judges/questions

Angie Willington
IHSA Clinician/Head Judge
Skills Difficulty and Execution

Tiffany Michaels
IHSA State Finals Judge
Building Your Score through Non-Rubric Categories

Steve Endsley
IESA Executive Director
"NEW this year "Junior High New Score sheet and Rubric for IESA teams

Gearing Up for Basketball
All Coaches

CHECK OUT OUR WEBSITE FOR MORE INFORMATION WWW.CHEERICCA.ORG

Please print all information — Cut here and Return with check

Attendee Name:_____

School:_____ Email Address: _____

Phone Number: _____ Check #: _____

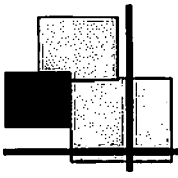
Today's Date: _____ **Early/On-time Registration: $60.00**

Region 1	Region 2	Region 3	Region 4	Region 5	Chicago

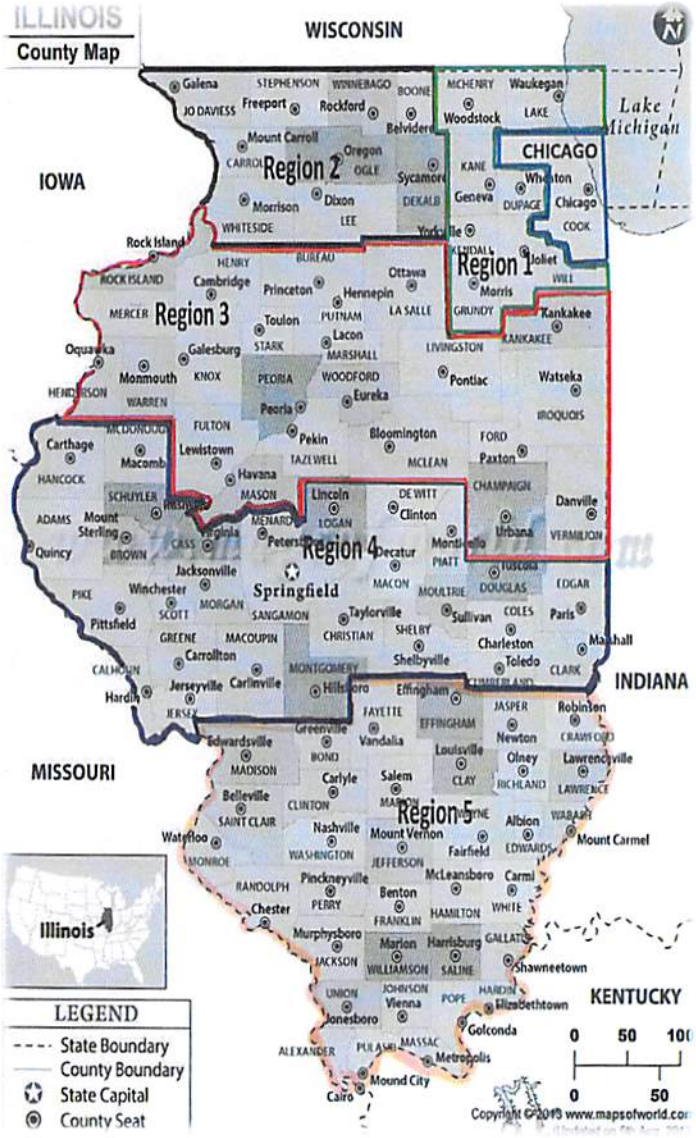
Please Circle One

ICCA Region Representatives and Delegates

Region 1 Representative Holly Baumgarten	Holly_baum@yahoo.com	(773) 507-7456
Region 1 Delegate Kim Lucchetti	kiml@whleary.com	(708) 516-6522
Region 1 Delegate Jorie Stevens	bpdrebel@comcast.net	(708) 641-5048
Region Representative Valerie Mallon	valocitycheer@gmail.com	(815) 742-8236
Region 2 Delegate Mary Mitchell	Mary.mitchell@rps205.org	(708) 440-2980
Region 2 Delegate Veronica Seehawer	Veronica.seehawer@rps205.org	(815) 222-4586
Region 3 Representative Kara Bent	kwbee25@gmail.com	(309) 368-0487
Region 3 Delegate Kent Simmons	simmonscheer2@gmail.com	(309) 333-3971
Region 3 Delegate Cathi Sprecher	tcsprecher@live.com	(309) 368-4145
Region 3 Delegate Carla Taylor	ctaylor@ridgeview19.org	(309) 533-0632
Region 4 Representative Libby Moore	cheer2libby@gmail.com	(217) 820-4232
Region 5 Representative Cheryl Haselhorst	cah614@hotmail.com	(618) 691-8409
Region 5 Delegate Margie Schwartz	mschwartz@mtv80.org	(618) 214-0878
Region 5 Delegate Lisa Turner	cdtlkt91@yahoo.com	(618) 231-1928
Region 5 Delegate Chrissy Vickers	krise19@live.com	(618) 927-0637
Chicago Representative Melody Brown	Mbrown@oprfhs.org	(708) 491-6672
Chicago Delegate Nicole White	whitenicole32@gmail.com	(815) 990-9011



INVITATIONALS

Sunday, Nov 20	Region 5	Waterloo HS
Saturday, Nov 26	Region 5	Benton HS
Saturday, Dec 3	Region 3	Pontiac HS
Saturday, Dec 3	Region 5	Highland HS
Sunday, Dec 4	Region 5	Mt. Vernon High School
Saturday, Dec 10	Region 3	Farmington HS
Saturday, Dec 1	Region 5	Alton HS
10 Saturday, Dec	Region 2	Rockford Guilford HS '
11 Saturday, Dec	Region 5	Pinckneyville HS
17 Saturday, Dec	Region 1	Hinsdale South HS
17 Saturday,	Region 4	New Berlin HS
Dec 17 Sunday,	Region 3	Peoria HS
Dec 18 Sunday,	Region 1	Oswego East HS
Dec 18 Saturday,	Region 5	Edwardsville HS
Jan 7	ICCA	Championships
		Varsity Teams / Stunt Groups
Sunday, Jan 8	ICCA	Championships
		JV and Jr High Teams
Sunday, Jan 22	Region 5	MaterDei HS

ICCA REGIONS